

Website Directory and Synopsis of Posts (ALL Posts Listed)

LOOK (ENTER): Bottom to Top Each Page =  
(Here: Written Last TOP to Most Recent DOWN)

FEBRUARY 2016

1. Be the Best Version of Yourself 02-16-16  
META: Interactions, Isolation, and becoming a stronger person.
2. Never Be Afraid of Anything that Challenges you 02-16-16  
Don't be afraid of challenges, be disciplined.

MARCH 2016

3. Blogging Tips 03-05-16  
Simple rules to follow for blogging on twitter and beyond.
4. How to Be a Successful Blogger Online: Be Yourself 03-16-16  
Staying on topic and figuring out whats important to you.
5. How to Start a Blog and Maintain an Audience 03-29-16  
Maintaining professional while writing online, picking a site.
6. Simply Stylist Fashion & Beauty Conference 03-19-16  
What it was like attending my first conference for bloggers.

APRIL 2016

7. MYMOLLYDOLL Blogs 04-14-16  
Mymollydoll.tumblr.com, lesliefischman.weebly.com
8. Company Profile for MYMOLLYDOLL 04-14-16  
Vanicy.com recognition mention, Paperli, Writing Samples.
9. Thinking Out Loud by @lesliefischman 04-25-16  
Adding a page with "Thinking Out Loud" and a Droid Heart.

MAY 2016

10. My Last Day of Law School (January 2013) 05-16-16  
Visiting the US Supreme Court and what happened at school.

JUNE 2016

11. Chapter: #Relationships (draft) (book) 06-10-16  
Discussion of relationship stages as experienced.
12. Disclaimer (book) Attention All 06-10-16  
Purpose of my book, not to highlight negatives.
13. Blogs 06-10-16  
Listing all my accounts and places I blogged 2016.
14. Chapter: Relationships (continued) 06-10-16  
Disillusionment, and the demise of a relationship.

15. Ch. Washington DC 2013 (book) 06-13-16  
Attending class, then deciding to fly to DC for two weeks.
16. Check out my Fashion Blogs on Twitter! 06-23-16  
Twitter accounts at the time were @mmdfashion, @mmdfashionbase.
17. New website is up for Fashion Bloggers 06-28-16  
Online communications and whats appropriate.
18. New website? Wordpress? .org? What do you mean by Member Site?  
Differentiating between terms first recognized to blog.

#### JULY 2016

19. Living a Purpose Driven Life 07-06-16  
The quality of the life you lead, and achieving success.
20. Updated Copy of Resume 07-06-16  
Ending with Cizo.com Jon (April to July 2016).
21. Response to Everytown Research .org 07-07-16  
Opinion about domestic violence and gun violence.
22. Learning Affiliate Marketing 07-15-16  
When I first learned about affiliate marketing from my cousin.
23. MYMOLLYDOLL's Current Status #BusinessNews 07-17-16  
Initial purpose, writing samples, sobriety, beginnings.
24. My Background in Marketing via Smart Circle Sessions 07-17-16  
Building a company, and my marketing background experience.
25. Check out my NEW Gravatar for MYMOLLYDOLL! 07-17-16  
Link to my Gravatar made through Wordpress.
26. It Never Helps to Quit 07-27-16  
Don't quit when things are not going right, and lose focus.

#### AUGUST 2016

27. New Year New MYMOLLYDOLL 08-03-16  
Recent change to focus on writing, without sharing TMI about my personal life.
28. Relationships 08-17-16  
Difficulty improving while maintaining attentions and love in life, remembering who has been supportive of my along the way.
29. Friendship 08-20-16  
Giving thanks to my friends, losing friends, and getting my friends back, and the difficulty accepting what needs work, or change within, concerning how you are living your life, blogging.
30. MYMOLLYDOLL is now on Wordpress 08-20-16

Fashion blogging beginnings figuring out which type of blogger to be and discovering that I can a writing blogger too, without photos of self, which is why I posted photos of others, insecure about look and weight, and with privacy concerns at the time, not comfortable modeling, with practice now by 2020, am more comfortable taking photos.

31. Difficult Times 08-24-16  
Taking a moment to step back when going through a difficult time.
32. My Decision to Write a Book 08-28-16  
Writing online, and deciding to write something solid: a book.
33. Tips for Working While Single 08-28-16  
Being traditional in ones approach toward relationships.
34. Quotes - Check out my Quotes Blog! 08-28-16  
Sharing squares about some of my first Quotes Creator Quotes.
35. Why is it Important to Share Your Story? 08-28-16  
Its not required, but one may feel compelled one day.
36. Why Deletion is Bad 08-28-16  
Not in your best interests to delete or destroy any permanent record of any disclosure, why speak out in the open rationale.
37. When I First Started Writing Online 08-31-16  
Choosing what to write about, and establishing my identity online, figuring out how to be, and what my limits are personally, what helps and what injures my progress, still learning how to do so myself, just as I have been able to help myself, be wary of anyone helping themselves, while trying to make me look like a fraud, not a victim, and play victim to me, and make me look: (1) oxymoron (2) hippocrit (3) fake personality (4) fabricated importance (5) or capitalizing on others successes, not growing based off my own successes in life (6) NEW as of 2020, being made to look grose, as though I am desperate for attentions and love from a man, given love, then in exchange am asked for further reassurances and pose nude, then with that trust, am made to look stupid, causing me permanent damage to my identity, now that there are bad pictures of me in existence.

#### SEPTEMBER 2016

38. Best Interests (09-06-16)  
<https://www.mymollydoll.com/blog/best-interests-by-leslie-fischman>  
Minding your own business and avoiding retraumatization.
39. How do you know if you are a blogger? (09-06-16)  
<https://www.mymollydoll.com/blog/how-do-you-know-if-you-are-a-blogger-by-leslie-fischman>

The moment you decide to write in public, how do you know if you have the stamina, and stability to get over the curve of acceptances and find your audience and maintain a following.

40. What defines a relationship? (09-06-16)

<https://www.mymollydoll.com/blog/what-defines-a-relationship-by-leslie-fischman>

What is a relationship at what point formed and how to know when.

41. Managing outlines online (09-06-16)

<https://www.mymollydoll.com/blog/managing-outlines-online-by-leslie-fischman>

Interpreting commentary, whether directed at you be mindful of others processing speeds, and your delay in thinking about, be kind to yourself and others, and be more accepting than not.

42. #bloggingcampaign announcement (09/10/16)

Sharing a tweet about concert across america and brady.

<https://www.mymollydoll.com/blog/bloggingcampaign-announcement-new-campaign-by-donnadees-leader-of-millionmommarch-concertacrossamerica-sept25th-nationwide>

43. Barack Obama's Patch 9/11 Memorial Speech (09-11-16)

<https://www.mymollydoll.com/blog/re-barackobamas-patch-911-memorial-speech>

Responding to his tone, in a more energetic way sharing a piece.

44. What is normal? (09-15-16)

<https://www.mymollydoll.com/blog/what-is-normal-by-leslie-fischman>

The difficulty faced being normal and thinking normal whether or not you are around others, able to achieve a sense of normalcy alone without dependence on your interactions personal or private worry too much about the condition of others unless it matters to you, and if it matter, behaving and thinking in a way to improve your condition and to also lend stability to the condition of others. That's being mindful, aware that you are not always right, and could be wrong, that's to remove others from being forced to accept anything you say, sometimes what is said makes sense, or could be true, or can be related to, but doesn't help.

45. Shop Now (09-18-16)

<https://www.mymollydoll.com/blog/shop-now-with-mymollydoll-deals-and-coupons>

Sharing a coupon website I made: [lesliefischman.weebly.com](http://lesliefischman.weebly.com)

46. Therapeutic Story Telling (09-18-16)

<https://www.mymollydoll.com/blog/therapeutic-story-telling-by-leslie-fischman>

Whats to gain from sharing your story and who does it empower to know your story, and how will you represent your story well.

47. Poem: Finding Yourself (09-18-16)

<https://www.mymollydoll.com/blog/poem-1-finding-yourself-by-leslie-fischman>

When words come to mind, and memory of them shared without explanation and specificity to why you remember or sharing now.

48. What is Blahgging? (09-21-16)

<https://www.mymollydoll.com/blog/what-is-blahgging-by-leslie-fischman>

Why is sharing in public taboo, and what limits must you set to what amount of personal information you share, and create work of value, after all think: is information given, worth the time reading? And how can you create value through writing, and blog?

49. Social Media Campaigns and Gun Violence (09-22-16)

<https://www.mymollydoll.com/blog/social-media-campaigns-gun-violence-by-leslie-fischman>

Sharing website ideas, and what I was doing to be positive, and take the subject elsewhere in terms of advocacy for all.

50. When is enough enough? (09-25-16)

<https://www.mymollydoll.com/blog/when-is-enough-enough-by-leslie-fischman>

Detachment and bonding, when are you feeling close, or distant and why are you distant, does this occur likely when you know less about a subject, and if so, what must you be comfortable with in order to feel bonded, a person, an activity, or subject?

51. Please move forward (09-28-16)

<https://www.mymollydoll.com/blog/please-move-forward-by-leslie-fischman>

Describing the types of people you may feel harmed by and why, and how not to over-classify anyone resembling to bear these traits as being similarly of concern, most will be comfortable with you, its your job to not be too comfortable back, because its those who are strong, who are thought to not need love, and those who feel loved, to leave those who are strong, who become distant, or not in a loving mood, that's how love gets insulted.

OCTOBER 2016

52. In Order to Begin Writing a Book (10-08-16)  
Discovering the purpose for writing a book, and common pitfalls, concerns, with regards to talking about your life and whos in it.
53. Dealing with Defamation (10-08-16)  
Focusing on the positives instead of whats been done, and harsh scrutiny, not give way to additional defamation and hardship.
54. How to Deal with Criticism (10-09-16)  
Good character, what results when youre feeling destroyed.
55. Freedom of Expression & Other Arguments (10-13-16)  
Defining freedom of expression and with citation thoughts on the subject. How is campaigning an example of the right to express.
56. What Causes Jealousy (10-13-16)  
Causes for jealousy, and feeling insecure, and positions of power.
57. The Lessons We Learn (10-13-16)  
How what we say matters, feelings while campaigning in support of prevention of gun violence, and my dedicated belief in music for help.
58. Book Draft (10-16-16)  
#bloggingcampaign, and my story, thoughts about life, what has been said to me along the way, and twitter quotes.
59. What is Considered Normal? (10-20-16)  
Social media blogging and few things I learned along the way.
60. Writing a Book (10-21-16)  
Making a commitment to writing a book and solving my own problems along the way, being sensitive to my own needs as well as others.
61. Overcoming Social Anxiety (10-23-16)  
Anxiety and its effects on our relationships.
62. Finding Your Place in Life (10-23-16)  
Finding your place in life, earning respect, and what people think.
63. Love, Finding the One (10-23-16)  
Tumblr post about love and finding the one.
64. Why I Started Fashion Blogging (10-23-16)

Ways to Fashion Blog I discovered and networks to join.

65. Rejection and Professionalism (10-23-16)

About work, and companionship, and differentiating between love and friendship especially in the work force, defining that comfort.

66. Check Out my NEW App! (10-28-16)

Learning how to make an app and connect a website to it.

67. How to Maintain a Successful Blog (10-28-16)

Finding your audience and being unique, 6 Strategies.

68. When is Enough Enough (10-28-16)

There is not right or wrong way to blog.

69. Choosing Your Space and 7 Factors to Consider (10-28-16)

Preparing and presenting a website and how to choose where to start.

70. Writer's Block (10-30-16)

Tumblr post.

71. Joining a Blogging Platform (10-30-16)

Deciding which platform to use, when putting together a blog.

#### JANUARY 2017

72. What does Gender Identity Mean to Me (01-17-17)

How you self-identify, and how to be around others in a way you are most comfortable with, so as not to disturb their judgments of you.

73. Why was I not present at the Womens March (01-23-17)

Journal entry about how I felt not attending the March.

74. What is Intelligence (01-24-17)

Talking about old friends, with mentions.

75. Purpose - Writing a Book (01-27-17)

Reasons for writing a book, for personal reasons.

#### SEPTEMBER 2017

76. World Peace Solution (09-29-17)

Removed Facebook Post.

77. New Chapter to My Book (09-29-17)  
At the mic Einstein.
78. Letter to My Second Mom (09-30-17)  
About bullying, and trauma, a comparison, "tough" demeanor.
79. Empower Ones to Undo Wrongs (09-30-17)  
It Girl Speech.
80. Nobel Pulitzer in Victim Advocacy (09-30-17)  
Empower Ones to Undo Wrongs.
81. Science Speech (09-30-17)  
For every letter and for every number, design commentary.
82. Air Theory (09-30-17)  
Energy acquired and fundamental to how we are built.
83. Science Speech (v2) (09-30-17)  
Duplicate 09-30-17.
84. Science Speech (09-30-17)  
Duplicate 09-30-17.
85. The Meaning of WWW (09-30-17)  
The Religion of Letters.
86. The Meaning of Life (09-30-17)  
Engineer Speech, describing how a car is made.
87. Air Theory (Reversed) (09-30-17)  
Fathom the Wrongs, consequences to humanity doubt and misconduct.
88. Don't Be Disrespectful (09-30-17)  
Our own deductions in life, and who respects who, based on achievements.
89. Architecture Speech (09-30-17)  
What is built and what is remembered.
90. Sunami Japan (09-30-17)  
About fanship and giving speeches, being called upon, calling upon yourself to speak, when is a good time.



91. Skip a Party Studio #1 (09-30-17)  
New concept of algorithms news and writings, commentary.  
Duplicate portion: 09-30-17 "The Meaning of Life"
92. Im a Think Tank (09-30-17)  
Resentments, feeling lost, not all are found commentary.
93. Olympic Scorecard (09-30-17)  
Comparing things, as winning or not, in competition with.
94. So About Them Movies (09-30-17)  
Mention quote: "feelings and emotions don't kill people."
95. Soul Light Code by CHP Agent (09-30-17)  
When good lights up, and what we identify as good.

#### OCTOBER 2017

96. G20 Summit Germany Speech (10-24-17)
97. #PresidentTrump (10-24-17)
98. Developing Value Systems (10-24-17)
99. #LasVegas > #mymollydoll > #bloggingcampaign (10-25-17)
100. Sheltered Minds (10-25-17)
101. The Basis for Discrimination (10-25-17)
102. Political Ideologies and Entertainment (10-25-17)
103. #MTVNews (10-25-17)
104. Plado What We Pick Up and Why (10-25-17)
105. #IvankaTrump's First Speech (10-25-17)
106. The Pack Thickens (10-25-17)
107. October 26,2017 (10-26-17)
108. The History of Railroads in California (10-26-17)
109. Jealousy and Personalities (10-26-17)
110. The Past and How AA Has Affected Me (10-28-17)
111. Being Apart of The Solution (10-28-17)
112. #bloomberg Wealth Management Systems (10-29-17)
113. Lesliefischman.weebly.com Coupon Address (10-31-17)
114. Coupon Address to those Trying to Coupon Me (10-31-17)
115. Poignant Recall (10-31-17)

#### NOVEMBER 2017

116. Raised Proper (11-15-17)
117. How You Interpret Things Matter (11-15-17)
118. Problematic Behavior (11-06-17)
119. What the World is About (11-17-17)
120. RIP #sarahtammasabi ... (11-17-17)
121. Raised by Warnes Bros ... (11-19-17)
122. Business to Business Communications (11-20-17)
123. Exes and Ohs (11-20-17)
124. A Blinde Reading: Response ... (11-21-17)
125. Of General Concern (11-21-17)

126. Certainty Inspired by #BouffDaddy (11-21-17)
127. Causes for Unhappiness (11-21-17)
128. Acceptance, Public Acceptance (11-22-17)
129. Points of Reference and The Need for Consolidation of Ideas (11-23-17)
130. Come on ... iDJ Movies (11-24-17)
131. The Winning Tone (11-24-17)
132. Obsession and The Causes For (11-26-17)
133. Dealing with Anger and Resentments (11-28-17)
134. How to Make Things Happen for You in Life (11-29-17)
135. Positive Anchors (11-30-17)

#### DECEMBER 2017

136. When People are Grose (12-25-17)
137. Public Safety (Speech) (12-26-17)
138. Your Influences in Life Matter (12-26-17)
139. Respect (Part of Ch, 34) (12-27-17)
140. Nobel Pulitzer Theory (world Peace Motions) (12-27-17)
141. Why Does Hate Breed Animosity (12-27-17)
142. Why Tech was a Difficult Field (12-27-17)
143. What are the Holidays For (12-27-17)
144. The Timeline of Care (12-27-17)
145. Leave Things Alone (12-28-17)
146. My Advice to #presidenttrump (2018) (12-28-17)
147. How to Get Your Cool Back (12-28-17)
148. Processing Trauma (12-28-17)
149. Conversations (12-28-17)
150. Over-Dependence (12-29-17)
151. Addiction and Trauma (12-29-17)
152. Journal Entry #5 (12-29-17)
153. When You Put yourself Under a Microscope (12-29-17)
154. Everybody's On Something Else in Life (12-31-17)
155. Expectations in Life and Conversations with \_\_\_\_\_. (12-31-17)

#### JANUARY 2018

156. Living is Not Contagious (01-13-18)
157. Whats Important to the Reader Doesn't Matter (01-14-18)
158. Don't Balme it On the DJ (01-14-18)
159. Keeping a Positive Head on Your Shoulders (01-15-18)
160. You Can't Change Words or People (01-15-18)
161. Bad Memories (01-15-18)
162. Intent to Communicate (01-16-18)
163. Recognizing Failures (01-16-18)
164. What is Racism? (01-17-18)
165. Negative Opinions Don't Matter (01-17-18)
166. Friendships Can Never Be Wrecked (01-17-18)
167. Always Focus on What Matters (01-18-18)
168. Everybody has a Mind of Their Own (01-18-18)
169. You Can't Change the Past (01-22-18)
170. Accept People for Who They Are (01-22-18)
171. Knowingly in the Wrong (01-22-18)
172. The Confidences of Your Own (01-31-18)
173. Be in Control of Your Own Problems (01-31-18)
174. Balance and Esteem (01-31-18)

175. Always Stay Calm (01-31-18)

#### FEBRUARY 2018

- 176. When You Don't Value Yourself (02-19-18)
- 177. Expectations and Recovery (02-19-18)
- 178. Social Influences (02-20-18)
- 179. When Your Intuition Fails you (02-20-18)
- 180. Some People Their World is Better Small (02-21-18)
- 181. Even if the Times Change Stay the Same (02-21-18)
- 182. When Things don't Work Out (02-21-18)
- 183. How Overthinking can Ruin a Relationship (02-22-18)
- 184. Why Jealousy is a Painful Attribute (01-22-18)
- 185. Chapter 77: Journal Notes #1 (02-22-18)
- 186. Chapter 78: Journal Notes #2 (02-22-18)
- 187. Chapter 79: journal Entries #3 (02-23-18)
- 188. MYMOLLYDOLL BOOK (VOLUME II) (02-23-18)
- 189. MYMOLLYDOLL BOOK (VOL. 11- VOL. 3) (02-23-18)
- 190. Relationship Woos - How to Keep Busy When in Love (02-24-18)
- 191. Journal #4 (Handwritten) (Notebook #2) (02-25-18)
- 192. Facebook Deductions (02-25-18)
- 193. Facebook Posts (Saved) (2-2) (02-25-18)
- 194. Facebook Posts (Saved) (3) (02-26-18)
- 195. Facebook (Posts) (4) (02-26-18)

#### MARCH 2018

- 196. Share your Mind (03-27-18)
- 197. MYMOLLYDOLL BOOK (VOL. 4) (V1) (03-27-18)

#### APRIL 2018

- 198. Updated Muckrack Profile (04-01-18)
- 199. Update: Mental Health (04-09-18)
- 200. Baseball Cards and Broken Dreams (04-10-18)

#### MAY 2018

- 201. Procrastination Blues (05-06-18)
- 202. Why I Really Need Microsoft (05-12-18)
- 203. Volume 5 mymollydoll book #2 (05-12-18)
- 204. Being Needy (05-13-18)
- 205. Who You Communicate With (05-25-18)
- 206. Building Sources of Inspiration (05-28-18)
- 207. Being Positive in Spite of Your Differences (05-31-18)

#### JUNE 2018

- 208. Not Caring What Other People Think (06-03-18)
- 209. Pioneering Ideas (06-06-18)
- 210. Finding Space to Discuss Your Worry (06-13-18)
- 211. Confusion and Turmoil Following Suicide (06-24-18)
- 212. mymollydoll (Book) via lulu.com (06-24-18)
- 213. The Importance of Keeping Families Together (06-30-18)

JULY 2018

- 214. Website Update (07-01-18)
- 215. #michaelavenatti & Mr. Dan Petrocelli (07-02-18)
- 216. Kidding You Too (07-03-18)
- 217. Skeptical Crush (07-13-18)
- 218. August 2017 "my lives" (07-13-18)
- 219. How to Be Considerate "Do Not Disturb the Fallen" (07-14-18)
- 220. Batwings and Relapses (07-15-18)
- 221. Differing Levels of Success (07-15-18)
- 222. Religious Principles of Forgiveness (07-17-18)
- 223. My Thoughts on Poetry (07-17-18)
- 224. What is the Good Life? (07-17-18)
- 225. Don't Politicize My Position in Life (07-18-18)
- 226. Negative Reactions (07-19-18)
- 227. Everyone's Smart (07-22-18)
- 228. Wallowing in Futility (07-26-18)
- 229. New Science by 911 Operators (07-27-18)
- 230. Wasting Time (07-28-18)

SEPTEMBER 2018

- 231. mymollydoll.com (Book) (09-29-18)

NOVEMBER 2018

- 232. The moment you lose faith (11-12-18)
- 234. Know When to Stop (11-15-18)
- 235. You Can Always Date and Drink (11-06-18)
- 236. When Things Get Awkward (11-16-18)
- 237. First Draft book #2 (103 pages) (11-16-18)
- 238. Some People Don't Change (11-16-18)
- 239. Going Into Hiding (2009-2018) (11-20-18)
- 240. When You Miss All the Good Years ... #lebronjames (11-21-18)
- 241. Artistic Differences (11-21-18)
- 242. What Can you Do? March ... (11-21-18)
- 243. mymollydoll (Book #2) (11-22-18)
- 244. mymollydoll.com (Book #3) 11-23-18 (11-23-18)
- 245. mymollydoll.com (Book #3) 2<sup>nd</sup> Draft (11-24-18)
- 246. You Can't Undo the Past (11-26-18)
- 247. Thanks for the Feedback Surfer Girls (11-26-18)
- 248. Achieving Well (11-26-18)
- 249. Lesson for Today (11-26-18)
- 250. Following Your Intuitions (11-26-18)
- 251. Letter of Apology (11-27-18)

DECEMBER 2018

- 252. About Being Careful (12-01-18)
- 253. #nevergiveup ... went back to aa (12-01-18)
- 254. mymollydoll.com (Book #4) 2<sup>nd</sup> Draft (12-11-18)
- 255. Being on Your Own Team in Life (12-11-18)
- 256. Leaving the Past Behind (12-15-18)
- 257. What Happens When You abandon Your Companion (12-15-18)
- 258. Just to Clarify a Few Things (12-17-18)
- 259. Do What is Right (12-19-18)
- 260. It Takes Time to Recover (12-20-18)

261. People of Interest (12-22-18)
262. Looking Back (12-23-18)
263. When Life Gets Random (12-23-18)
264. People on the Outside (12-24-18)
265. What the Main Problem is (12-24-18)
266. Stories from Your Past (12-25-18)
267. Whats Happening (12-25-18)
268. Make No Excuses Appearances Matter (12-26-18)
269. Upon Deletion and After Theft (12-31-18)

#### JANUARY 2019

270. Composite Sketches and Beauty (01-09-19)
271. Learning from Quotes (01-22-19)
272. don't Try too Hard in Life (01-26-19)
273. "be careful" who you apologize to in life (01-27-19)
274. Last Year was a Journey to Say the Least (01-27-19)
275. When Everybody Lights Up (01-28-19)
276. How Quickly We Forget (01-29-19)
277. You Are What You Say (01-29-19)
278. Life is a Transformation (01-30-19)
279. Easy on the Ones and Twos ... Villains (01-30-19)

#### FEBRUARY 2019

280. Talking Efficiency (02-05-19)
281. Not Everyone Will Be On Your Side in Life (02-05-19)
282. Privacy is So Important (02-05-19)
283. The Stopping Point (02-07-19)
284. Being a Positive Influence (02-07-19)
285. What you Know is Important (02-07-19)
286. How Well You Work With Others (02-07-19)
287. The Resentments We Harbor (02-07-19)
288. Building a Trusted Brand (02-07-19)
289. Represent yourself in Life (02-07-19)
290. When Things Come to An End (02-07-19)
291. Displeasure with Repercussions (02-08-19)
292. Never Assume (02-09-19)
293. Rising to the Occasion (02-11-19)
294. Whats Unsettling (02-11-19)
295. Don't Get Caught up in the Moment (02-15-19)
296. For Awhile now ... #thankyou (02-18-19)
297. Pick and Choose Your Battles in Life (02-19-19)
298. For the Most Part (02-26-19)
299. Hearing the Truth (02-28-19)

#### MARCH 2019

300. Going Through a Difficult Time (03-18-19)
301. Not Feeling Well (03-19-19)
302. Whats a Manifestation? (03-19-19)
303. Being Responsible for Your Own Words (03-21-19)
304. When Youre Feeling Down (03-22-19)
305. False Alarms and Recovery (03-24-19)
306. During Times of Need (03-24-19)
307. Why is Grandiosity Insulting (03-24-19)
308. In the Aftermath of Suicide (03-25-19)

- 309. Going to aa for Different Reasons (03-26-19)
- 310. Rolling with the Punches (03-26-19)
- 311. Remember Your Good Years (03-27-19)
- 312. Sometimes Under Stress (03-27-19)
- 313. you Cannot Share Experience (03-27-19)
- 314. When More is Expected of You (03-27-19)
- 315. Some Key Suicide Prevention Tips (03-28-19)
- 316. Feeling Better (therapy) (03-28-19)
- 317. Depending on Your Past (03-29=19)
- 318. Liking your Likes (03-29-19)
- 319. Intelligence Matters (03-30-19)

APRIL 2019

- 320. Its Mostly Maturity That's Asked of You (04-13-19)
- 321. Separating from People (04-13-19)
- 322. When You Knowingly Make Decisions (04-13-19)
- 323. Always Hope for the Better (04-14-19)
- 324. Catching Up on Sleep (04-14-19)
- 325. Going Back to Being You (04-15-19)
- 326. Stay on Track (04-16-19)
- 327. That Hearty Chuckle (04-17-19)
- 328. Learn from Your Mistakes (04-17-19)
- 329. Chapter 12: Overcoming Fear ... (04-17-19)
- 330. Addiction and Trauma (04-17-19)
- 331. Being Pleased with Results (04-17-19)
- 332. People Are Mostly Concerns with Themselves (04-17-19)
- 333. Some Days (04-22-19)
- 334. When Things Are New (04-22-19)
- 335. Setting Daily Goals (04-23-19)
- 336. I Read an Article About Messenger (04-24-19)
- 337. Be the Best Version of Yourself (04-24-19)
- 338. There's Never a Good Time to Date (04-25-19)
- 339. Support Causes that Matter to You (04-28-19)

MAY 2019

JUNE 2019

JULY 2019

AUGUST 2019

SEPTEMBER 2019

OCTOBER 2019

NOVEMBER 2019

DECEMBER 2019

JANUARY 2020

FEBRUARY 2020

MARCH 2020

APRIL 2020

MAY 2020

JUNE 2020

JULY 2020

AUGUST 2020

SEPTEMBER 2020